

Inner Impeller

"Be Perfect!" or "Do Not Make Mistakes!"

This impeller involves the pursuit of perfection and thoroughness in everything you do. Normally, the same perfection is also expected of others.

People who follow this impeller always want to do everything very thoroughly and tend to overdo everything. They put perfection first, regardless of time (and cost). They strive for recognition for an absolutely flawless performance and normally ask the same from others. They tend to justify themselves

Most of the time people with this impeller focus too much on details, and want to know all the background information and details. In the end, they rather see what is lacking in perfection, than what they have done well. These "negative glasses" can also lead to the simple assumption that the positive thing that one has done or that others have done is simply assumed.

This perfectionism means that the time spent on the actual work is clearly too much, and the time balance automatically becomes unbalanced.

„Come on!“ or "Look forward!" or "Hurry up!"

This impeller makes you do everything quickly; respond quickly, speak quickly, eat quickly, run quickly through life ... This impeller makes you do everything in a rush, and often implies an attempt to keep people on a certain distance.

On the one side, it helps you to be decisive and efficient. However, on the other side, if you rush too much with this impeller, you will come across as challenging and impatient.

You may be chasing so many things that you have no time to rejoice and enjoy your accomplishments, or you are so much in a hurry that you easily make mistakes, which in turn forces you to slow down.

Inner doctrine: "I have to be fast, otherwise I will not finish."

„Pull yourself together" or „Do not give up!"

If you follow this impeller, you probably turn every little task into a master work which can confuse yourself and others. You might also try to get others to work with you. To give up is not an option. You might find it hard to let go or even enjoy. You expect to be rewarded for coping with difficult tasks and you do everything to avoid losing or being controlled by others.

„Please everyone" or "Be always kind!" or „Everybody must like me!"

In this impeller, the other is always more important than you. If this is your impeller you probably feel responsible for making others feel comfortable. It is important to you to be appreciated by others and to be popular. This impeller is a call to kindness and "peace". With this impeller you probably have a good relationship with other people. By exaggerating this impeller, you can appear insincere and manipulative. You might get the feeling that you just exist to fulfill the needs of others and that you do not get your own „batteries“ charged anywhere.

Internal belief: "I am valuable when everyone is satisfied with me. If I say no, I will be rejected. "

"Always be strong" or „Do not show feelings!"

This impeller says: "Do not show yourself as vulnerable". People with this impeller want to be a role model, to keep an attitude of control, to consistency be strong and to be able to handle everything by them-selves - with the motto "I solve my problems myself".

This impeller is a call to heroism at all costs and a warning against showing feelings or being sad. If you know this impeller, you probably strive for security, strive to control your feelings and to avoid any kind of vulnerability and dependence. The impeller helps you to be careful. But, if you are too strong influenced from this impeller you might find yourself withdrawn, indifferent, and / or emotionally cold.

Inner doctrine: "No one should know that I am weak, sensitive or helpless. I do not show feelings. Feelings are a sign of weakness and make me vulnerable."